MoodFlow is a mobile app that should accompany a wearable, wireless biosensor that measures emotional state of a user (something similar to Q-sensor 2.0).

MoodFlow has an access to a constant stream of users stress data.

This allows MoodFlow to 1) gently bring person's attention to her negative emotions in real time and 2) help her avoid unwanted reactions. It can help user to identify, understand, and manage emotions in positive ways.



This version of a MoodFlow interface is centered around a "Measure" functionality.





Welcome to MoodFlow!

Hello, new friend! This is your emotional temperature!



Keep track of your emotions, manage your reactions and stay happy!















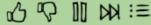






MoodFlow Refuge Zen Garden Relaxation Music







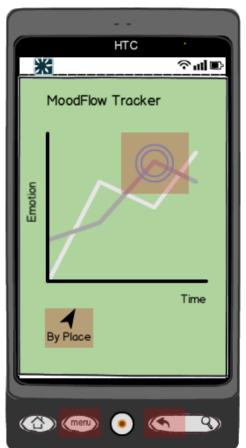




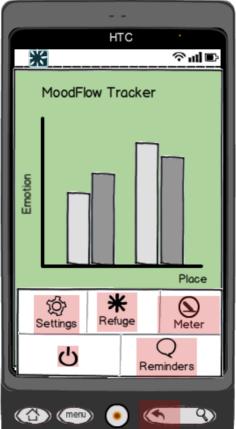




















MoodFlow Reminders

Let us keep an eye out! When we sense a negative emotion, we will send you a reminder like this:

MoodFlow thinks you need a breakl







When you get a reminder please tell us if we are on target.

























3G 11 ■ 8:30 PM









































